

CAOT seeking mentors for new Mentorship On Demand program

This new CAOT mentorship program, expected to launch in January 2018, allows mentees to seek mentorship “on demand” (when they need it). The goal of this program is to assist occupational therapists to foster professional growth through guided reflective processes for both the mentor and the mentee. This experience is intended to open a new chapter in professional and, often, personal lives.

Who is this program appropriate for?

Mentees are:	Mentors are:
Recent graduates of occupational therapy programs Internationally educated occupational therapists Occupational therapists re-entering the workforce Occupational therapists transitioning into new roles	Occupational therapists interested in helping less experienced occupational therapists navigate their career development path

What does being a mentor entail?

Mentors will be trained by completing an online learning module and a workbook for mentors. Once matched with a mentee, you will work with them for a period of 6 months to work towards their professional goals. Matches between mentees and mentors will be facilitated by CAOT, based on a good fit between the mentee’s goals and the mentor’s experience, area of practice, and professional interests. Mentors and mentees will be expected to connect a minimum of one or twice per month for the 6-month period.

Why do mentors participate in this program?

“I wanted to feel connected to other OTs. I had a great mentor when I started out and wanted to give back”

“I believe mentors are an important part of professional development and wanted to give back what others have given to me”

Are you interested in becoming a mentor?

1. Download and complete the [mentor profile](#) (intended for sharing with potential mentees to help to ensure a good fit during the matching process).
2. Fill out [this brief survey](#).
3. CAOT will be in touch with potential mentors once the program is launched. This program is expected to launch in January 2018.
4. Mentors will be trained by completing an online learning module and a workbook for mentors.
5. Once matched with a mentee, you will work with them for a period of 6 months to work towards their professional goals.



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