

FALLS KILL, BUT THEY DON'T HAVE TO

Occupational therapists (OTs) can work with seniors and property owners to make their spaces safer, reducing the costly results of a fall (such as emergency visits, surgery and increased insurance premiums.)

Falls...²

- are the leading cause of injury-related deaths and hospitalizations for BC seniors
- are the most common cause of injury among BC seniors
- cause devastating effects: loss of mobility, reduced quality of life, and even death
- cost the BC health system \$195M directly in health care spending



200,000
seniors will experience
one or more falls
each year



Did you know?

50% of falls happen in the home.¹



SOLUTION

Prevention is key!

OTs are experts in home modifications. Home assessments by OTs are shown to prevent falls.

1. http://www.phac-aspc.gc.ca/seniors-aines/publications/public/injury-blessure/seniors_falls-chutes_aines/index-eng.php#s2-1
2. <http://www.injuryresearch.bc.ca/quick-facts/seniors-falls-prevention/>