



Script for Insurance Company

Hello, my name is _____ (name of person), thank you for taking the time to speak/meet with me today. I'm an occupational therapist at (name of organization).

I am a policy holder and _____ (name of insurance company) does not currently offer occupational therapy services as part of my extended health benefits plan.

The inclusion of occupational therapy services as a flexible option in my benefits plan would not increase the cost of the plan – it would simply add occupational therapy as a choice on the existing list of available health services. Occupational therapy services offer high-impact, low cost workplace solutions. Occupational therapists, or OTs, can facilitate return-to-work after illness or injury and can collaborate with employers to implement cost-effective workplace accommodations.

I believe that occupational therapy should be a part of any comprehensive benefits package, as occupational therapy significantly contributes to reduced disability claims. Workplace injuries, workplace mental health issues and disability benefit payouts cost the Canadian economy billions of dollars each year. Reports by Parachute, the Conference Board of Canada and the Public Health Agency of Canada estimate that workplace injuries cost the Canadian economy \$26.8 billion in 2015, while workplace mental health issues cost the country's economy \$32.3 billion each year.

As an OT myself, I see firsthand how OTs can work with employees and workplaces to proactively address barriers and facilitate a smooth return to work, reducing the costs I just mentioned.

Do you have any questions for me?

I hope you will consider my request and thank you again for speaking/meeting with me. I look forward to hearing more about the next steps for (name of insurance company) to put occupational therapy coverage in place.

Thank you.