



In 2016, Canada was home to over **6 million Seniors** and this number continues to grow.

Approximately **85%** of aging adults report that they would **prefer to "age in place"** in their homes and communities. However, many homes and communities do not currently have the structural features and support services required to support older adults to live at home safely. OTs complete home safety assessments and environment modifications to create a safer and more functional space. By having OTs come into the home environment and perform evaluations and interventions, the risk of hospital admissions decreases and supports adjusting the environment to the abilities of the person.

## **LEARN MORE!**

Fact Sheet: Occupational Therapy and Fall Prevention Prevent Falls with Home Modifications

Occupational therapy (OT) practitioners are a natural fit for primary care teams because they offer a valuable, multi-scope skill set that is unique and cost-effective. As rehabilitation and health promotion experts, OTs can help improve client participation in daily activities, encourage healthy lifestyle choices, support mental health, foster self-man agement of chronic conditions, and identify those who need care prior to crisis or hospitalization.

To learn more, contact Tanya Fawkes, Regional Director CAOT-BC, at tfawkes@caot.ca

